PLANT FACT SHEET

Raphia monbuttorum Drude

GENUS *Raphia* **FAMILY** Arecaceae

EDIBLE PARTS AND USES

Edible parts: Sap - drink

DESCRIPTION

A palm. It can have a trunk 2 m tall. It has several stems in a cluster. The leaves are arranged in an irregular manner. They are 5 m long. There are 4-5 flowering stalks and they hang down and are 2-3 m long. The fruit are 4.5-7.5 cm long by 3.5-4.5 cm wide. They have reddish brown scales.

HABITAT

It is a tropical plant.

REFERENCES

Billong Fils, P. E., et al, 2020, Ethnobotanical survey of wild edible plants used by Baka people in southeastern Cameroon. Journal or Ethnobiology and Ethnomedicine. 16:64 p 9

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/703315e8-d866-4d68-a746-cbf97b2ee5c6