PLANT FACT SHEET

Oldenlandia capensis L. f.

GENUS *Oldenlandia* **FAMILY** Rubiaceae

EDIBLE PARTS AND USES

Edible parts: Leaves

DESCRIPTION

An annual herb. It can extend upwards or lie along the ground. It grows 8-22 cm tall. It can form mats. The leaves are 1-3 cm long by 1-5 mm wide. They are narrowly oval. They taper to the tip and are wedge shaped at the base. The flowers can be of 2 or 3 forms. They can occur singly or in small groups. The fruit is a capsule about 2 mm long. The seeds are brown and 0.3 mm long.

HABITAT

It is a subtropical plant. It grows along river banks and in cracks in rocks and well as in grassland. It grows from sea level to 910 m above sea level.

NOTES

There are about 100 Oldenlandia species.

REFERENCES

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