PLANT FACT SHEET

Thymus zygioides Griseb.

GENUS *Thymus* **FAMILY** Lamiaceae

EDIBLE PARTS AND USES

Edible parts: Leaves - spice, Flowers - spice

The leaves and flowers are used as a spice.

DESCRIPTION

A herb. The flowers are pink.

HABITAT

It is a temperate plant.

REFERENCES

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Motti, R., et al, 2022, Edible Flowers Used in Some Countries of the Mediterranean Basin: An Ethnobotanical Overview. Plants. 2022, 11, 3272

Özdemir, E. and Kültür, S., 2017, Wild Edible Plants of Savaştepe District (Balıkesir, Turkey), Marmara Pharm J 21/3: 578-589

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/705e4df2-f714-4a6f-9bc9-8899c4267a2f