PLANT FACT SHEET

Picris rhagadioloides (L.) Desf.

GENUS *Picris* **FAMILY** Asteraceae

COMMON NAMES Tall ox-tongue, Yellow suckery

EDIBLE PARTS AND USES

Edible parts: Leaves

The ring of leaves at the base are eaten raw or cooked.

DESCRIPTION

A herb. The leaves are 2-6 cm long by 5-20 mm wide. The flowers are yellow.

HABITAT

It is a temperate plant.

REFERENCES

Baydoun, S., et al, 2023, Wild leafy Vegetables: A potential source for a traditional Mediterranean food from Lebanon. Frontiers in Sustainable Food Systems. 6:991979

Ertug, F, Yenen Bitkiler. Resimli Türkiye Florası -I- Flora of Turkey - Ethnobotany supplement

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/70690cac-adb6-4759-828c-310ffd62c88f