PLANT FACT SHEET

Melampyrum arvense L.

GENUS *Melampyrum* **FAMILY** Orobanchaceae

EDIBLE PARTS AND USES

Edible parts: Seeds

The seeds can be mixed with wheat flour to make bread but the bread will be black.

DESCRIPTION

It produces annual stems that are erect and divided. They grow 10-50 cm tall. The seeds are oval and slightly crooked on one side. They are 5-6 mm long by 2 mm wide.

HABITAT

It is a temperate plant.

NOTES

Also put in the family Scrophulariaceae.
An unresolved name in The Plant List.

REFERENCES

PARMENTIER (As Melampyrum purpurescens)

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/70716f9c-5efb-4c62-b6fa-98529d155c7d