PLANT FACT SHEET

Calochilus paludosus R. Br.

GENUS *Calochilus* **FAMILY** Orchidaceae

COMMON NAMES Red beardie

EDIBLE PARTS AND USES

Edible parts: Tuber, Leaves, Flowers

DESCRIPTION

A small orchid. It has a single leaf. This is narrow a folded with a keel along its length. It is 18-21 cm long by 1 cm wide. The flower stem is 30-40 cm tall. There are small leaves along the flower stem. The flowers are 2-2.5 cm across. The tubers are white and 3 cm long by 1 cm wide.

HABITAT

It is a temperate plant. It grows in sandy coastal areas.

NOTES

It is a protected species.

REFERENCES

Caton, J.M. & Hardwick, R. J., 2016, Field Guide to Useful Native Plants from Temperate Australia. Harbour Publishing House. p 84

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/70b8b38c-10d1-4bc4-bcd6-9cc4154a6a30