PLANT FACT SHEET

Viola rugulosa Greene

GENUS *Viola* **FAMILY** Violaceae

COMMON NAMES Canada violet

EDIBLE PARTS AND USES

Edible parts: Leaves, Leaves - tea, Flowers

DESCRIPTION

A herb.

HABITAT

It is a cool temperate plant.

REFERENCES

Kermath, B. M., et al, 2014, Food Plants in the Americas: A survey of the domesticated, cultivated and wild plants used for Human food in North, Central and South America and the Caribbean. On line draft. p 913 (As Viola canadensis var. rugulosa)

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/70b9bab8-ff81-4a88-9f31-37e97c1ac72a