PLANT FACT SHEET

Berberis jamesiana Forrest & W. W. Smith

GENUS *Berberis* **FAMILY** Berberidaceae

EDIBLE PARTS AND USES

Edible parts: Shoots, Stems, Leaves, Fruit

The young shoots, leaves and fruit are eaten fresh.

DESCRIPTION

A shrub. It loses its leaves during the year. It grows 1-3 m tall. The branches are dark grey and the shoots are purple. It has spines. The leaves are 3-8 cm long by 1-4 cm wide. Flowers are in groups of 9-20. The fruit is a creamy white berry that ripens to light red. It is 10 mm long by 8 mm wide.

HABITAT

It is a temperate plant. It grows on the edges of forests and along riversides between 2,100-3,600 m above sea level. It grows in Sichuan and Yunnan in China.

PRODUCTION

Harvesting and Seed Production

In Yunnan plants are harested from May to September.

REFERENCES

Ju, Y., et al, 2013, Eating from the wild: diversity of wild edible plants used by Tibetans in Shangri-la region, Yunnan, China, Journal of Ethnobiology and Ethno medicine 9:28

Wang, J., et al, 2020, An ethnobotanical survey of wild edible plants used by the Yi people of Liangshan Prefecture, Sichuan Province, China. Journal of Ethnobiology and Ethnomedicine 16:10 p 6

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