PLANT FACT SHEET

Hedysarum vicioides Turcz.

GENUS *Hedysarum* **FAMILY** Fabaceae

EDIBLE PARTS AND USES

Edible parts: Root

The roots are eaten raw or cooked. They are also dried and ground into a powder.

DESCRIPTION

A herb or small shrub. It grows 70 cm tall. It has pale yellow trumpet shaped flowers hanging along the stem.

HABITAT

It is a cool temperate plant. It grows between 2,500-3,600 m above sea level.

PRODUCTION

Cultivation

Plants can be grown from seeds. They should be soaked for 24 hours before planting.

REFERENCES

Bull. Soc. Imp. Naturalistes Moscou 13(1):69. 1840

Kew Plants of the World On line

Plants for a Future database, The Field, Penpol, Lostwithiel, Cornwall, PL22 0NG, UK.
http://www.scs.leeds.ac.uk/pfaf/

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/71105a67-2daf-4487-b0ac-c5ffbd07eabc