PLANT FACT SHEET

Arctium nemorosum Lej. & Court.

GENUS *Arctium* **FAMILY** Asteraceae

COMMON NAMES Woodland Burdock

EDIBLE PARTS AND USES

Edible parts: Root, Leaves

The young leaves are eaten with vegetables.

DESCRIPTION

A herb. It grows 1-2.5 m tall. It has a strong taproot. The stems are branched and rough with short hairs. The leaves are alternate and broadly oval. The flowers are 3-4.5 cm long. The fruit are flattish and slightly curved.

HABITAT

It is a temperate plant.

REFERENCES

Redzic, S. & Ferrier, J., 2014, The Use of Wild Plants for Human Nutrition During a War: Eastern Bosnia (Western Balkans). Chapter 9 in A. Pieroni, C. L. Quave (eds.), Ethnobotany and Biocultural Diversities in the Balkans,Springer Science

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/71325376-ba0b-46cb-be58-cfd12b5de2c4