PLANT FACT SHEET

Use with caution

This plant can be harmful if it is eaten raw, in large amounts or without the right preparation. Read the whole fact sheet before use.

Aleurites rockinghamensis (Baill.) P. I. Forst.

GENUS *Aleurites* **FAMILY** Euphorbiaceae

COMMON NAMES Candlenut siris

EDIBLE PARTS AND USES

Edible parts: Seeds

Caution: It can irritate the stomach.
The fruit are cooked and eaten.

DESCRIPTION

A large tree. There are 2 raised glands on the upper surface of the leaf stalk. The leaves are 11-40 cm long by 7-30 cm wide. Male and female flowers are 10-12 mm wide. The fruit are 7-8 cm across. They usually have 3 lobes but can have more or less.

HABITAT

It is a tropical plant. It grows in the wet tropics in northern Australia. It grows from sea level to 1,000 m above sea level.

PICTURES



Credit: Food Plants International (Bruce French)

REFERENCES

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Hill, R. and Baird, A., 2003, Kuku-Yalanji Rainforest Aboriginal People and Carbohydrate Resource Management in the Wet Tropics of Queensland, Australia. Human Ecology, Vol. 31, No. 1. pp 27-52

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PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/7148aeac-ec4a-4e1e-8064-925d983a1651