PLANT FACT SHEET

Ardisia polysticta subsp. polysticta

GENUS *Ardisia* **FAMILY** Primulaceae

COMMON NAMES Ink berry

EDIBLE PARTS AND USES

Edible parts: Fruit, Leaves, Stems

The fruit are eaten raw.

DESCRIPTION

A shrub. It grows 1-3 m tall. The leaves are sword shaped and 9-26 cm long by 3-5 cm wide. The flowers are in groups at the ends of branches. The flowers are papery and white or pink. The fruit are red or blackish and 7-9 mm across.

HABITAT

It is a tropical plant. It grows in dark damp places and in humus-rich soils between 300-2,700 m above sea elevel in southern China. It grows in Yunnan in China.

PRODUCTION

Cultivation

Plants can be grown from seeds.

NOTES

Also put in the family Myrsinaceae.

PICTURES



Credit: Food Plants International (Bruce French)

REFERENCES

Ghorbani, A., et al, 2012, A comparison of the wild food plant use knowledge of ethnic minorities in Naban River Watershed Nature Reserve, Yunnan, SW China. Journal of Ethnobiology and Ethnomedicine; 8:17 (As Ardisia virens)

Jiwajinda, S., et al, 2002, Suppressive Effects of Edible Thai Plants on Superoxide and Nitric Oxide Generation. Asian Pacific Journal of Cancer Prevention, Vol 3, 2002 (As Ardisia lenticellata)

Sukarya, D. G., (Ed.) 2013, 3,500 Plant Species of the Botanic Gardens of Indonesia. LIPI p 586 (As Ardisia virens)

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/714d79fa-a4b6-4037-af22-a575e3fac3be