PLANT FACT SHEET

Hypsizygus tessellatus (Bull.) Singer

GENUS *Hypsizygus* **FAMILY** Tricholomataceae

COMMON NAMES Beech mushroom, Clam shell

EDIBLE PARTS AND USES

Edible parts: Mushroom, Fungus

The fruiting bodies are eaten. They are used in stir-fries and soups. They are best when young and firm.

DESCRIPTION

A mushroom.

HABITAT

It grows in temperate and tropical places.

REFERENCES

Facciola, S., 1998, Cornucopia 2: a Source Book of Edible Plants. Kampong Publications, p 255

Chowdhury, M. M. H., et al, 2015, Annals of Clinical Microbiology and Antimicrobials, 14:8

Schneider, E., 2001, Vegetables from Amaranth to Zucchini: The essential reference. HarperCollins. p 76

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/716ac8a7-26c7-4d6e-81e3-9c640622ff9c