PLANT FACT SHEET

Hypolepis hostilis (Kunze) C. Presl.

GENUS *Hypolepis* **FAMILY** Dennstaedtiaceae

EDIBLE PARTS AND USES

Edible parts: Fronds, Midrib

The midrib is grated and used in soup.

DESCRIPTION

A fern.

HABITAT

It is a tropical plant.

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Torre, de la L., et al, 2008, Enciclopedia de las Plantas Útiles del Ecuador. Herbario QCA. Pontificia Universidad Católica del Ecuador. p 126

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/716dd90b-a663-4e8f-8ba4-bd5762f76be1