PLANT FACT SHEET

Euphorbia granulata Forssk.

GENUS *Euphorbia* **FAMILY** Euphorbiaceae

EDIBLE PARTS AND USES

Edible parts: Leaves

Caution: All Euphorbias or spurges have irritating sap and many have chemicals that can cause cancer.

DESCRIPTION

A small herb. The stems are 20 cm long. They are woody at the base and usually without branches. The leaves are opposite. The leaf blades are 1-8 mm long by 1-5 mm wide.

HABITAT

It grows in tropical and Mediterranean places. It grows in desert and semi desert up to 1,500 m altitude. It can grow in arid places. It grows in the Sahara. It grows during the rainy season. In western China it grows in sandy soils and stony places at about 500 m above sea level.

NOTES

There are about 2000 Euphorbia species. Most Euphorbias have sap which irritates the skin.

REFERENCES

Flora of Pakistan. www.eFloras.org

Nassif, F., & Tanji, A., 2013, Gathered food plants in Morocco: The long forgotten species in Ethnobotanical Research. Life Science Leaflets 3:17-54 (As Chamaesyce granulata)

Rivera, D. et al, 2006, Gathered Mediterranean Food Plants - Ethnobotanical Investigations and Historical Development, in Heinrich M, Müller WE, Galli C (eds): Local Mediterranean Food Plants and Nutraceuticals. Forum Nutr. Basel, Karger, 2006, vol 59, pp 18–74

Singh, H.B., Arora R.K.,1978, Wild edible Plants of India. Indian Council of Agricultural Research, New Delhi. p 39

Sinha, R. & Lakra, V., 2007, Edible weeds of tribals in Jharkhand, Orissa and West Bengal. Indian Journal of Traditional Knowledge 6(1) January 2007 pp 217-222

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/71f2505c-521d-4819-bd60-2a5f356f4f0b