PLANT FACT SHEET

Sambucus ebulus L.

GENUS *Sambucus* **FAMILY** Viburnaceae

COMMON NAMES Dwarf elder, Dane's elder, Danewort, Wallwort

EDIBLE PARTS AND USES

Edible parts: Fruit, Flowers, Flowers - tea

CAUTION The fruit are poisonous and cause diarrhoea. It is not eaten raw.
They are used to make a drink. They are also used for jam.
The flowers are used to flavour pancakes and jams.

DESCRIPTION

A shrub. It forms suckers. It grows 1.5-2 m high and spreads 0.9-2 m wide. The leaves are divided and there are up to 9 leaflets 15 cm long. The flowers are small. They are in flat heads 10 cm across. The fruit are black berries. They are 6-7 mm across and shiny when ripe.

HABITAT

It grows in temperate and Mediterranean regions. It suits hardiness zones 5-10.

NOTES

There are about 25 Sambucus species. Also put in the family Sambucaceae.

PICTURES



Credit: Food Plants International (Bruce French)

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