PLANT FACT SHEET

Callitriche antarctica Engelm. ex Hegelm

GENUS *Callitriche* **FAMILY** Plantaginaceae

COMMON NAMES Water-starwort

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves have been eaten to avoid scurvy.

DESCRIPTION

A herb. The stems can be erect or lie over. The leaves are 3-5 mm long by 1-3 mm wide.

HABITAT

A cool temperate plant. It grows in running water and wet land.

NOTES

There are 25-75 Callitriche species.
Also put in the family Callitrichaceae.

REFERENCES

Heywood, V.H., Brummitt, R.K., Culham, A., and Seberg, O. 2007, Flowering Plant Families of the World. Royal Botanical Gardens, Kew. p 80

Tasmanian Herbarium Vascular Plants list p 101

Upson, R., & Lewis R., 2014, Updated Vascular Plant Checklist and Atlas for the Falkland Islands. Falklands Conservation and Kew.

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/7249d7cc-608f-4376-806d-cc20de90451f