PLANT FACT SHEET

Trifolium willdenovii Spreng.

GENUS *Trifolium* **FAMILY** Fabaceae

COMMON NAMES Tomcat clover

EDIBLE PARTS AND USES

Edible parts: Leaves, Seeds, bud

The young leaves are eaten cooked or raw. They can be dried and used in soups, stews and for tea.
The seeds are eaten raw or cooked. Seeds can be sprouted and used in salads.

DESCRIPTION

A clover herb. It grows 20 cm tall. The leaves are long. They are alternate and have leaflets like fingers. There are 3 leaflets 1-4 cm long. The edges usually have fine bristly teeth. The flowers groups are 1-3 cm wide. There are 6-60 pea like flowers arranged in a wheel like shape. They are purple. The fruit is a 2 seeded pod.

HABITAT

It is a temperate plant.

NOTES

There are about 240 Trifolium species. They are mostly temperate.

REFERENCES

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www.wildediblefood.com

PROVIDED BY **Food Plants International**

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/72662b9d-9cbb-41b4-b0ef-c62cc37a5cde