PLANT FACT SHEET

Gentiana douglasiana Bong.

GENUS *Gentiana* **FAMILY** Gentianaceae

COMMON NAMES Swamp gentian

EDIBLE PARTS AND USES

Edible parts: Flowers - nectar

The nectar of the flowers us sucked by children.

DESCRIPTION

A herb. It grows 5-20 cm tall. The stems are angled and branching. There are a few leaves at the base that are oval and 5-15 mm long. They form in a ring. The stem leaves are opposite and similar. The flowers are white.

HABITAT

It is a cool temperate plant.

REFERENCES

Moerman, D. F., 2010, Native American Ethnobotany. Timber Press. p 245

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/72858db4-c105-42dc-98d4-5e6dbdae0bd9