PLANT FACT SHEET

Mimulus glabratus var. geyeri (Torr.) A. L. Gray

GENUS *Mimulus* **FAMILY** Phrymaceae

COMMON NAMES Monkeyflower

EDIBLE PARTS AND USES

Edible parts: Shoots, Leaves

The tender shoots are slit and eaten in salads.
The young leaves are salted and used in salads.

DESCRIPTION

A herb.

HABITAT

It is a temperate plant.

NOTES

It has also been put in the family Scrophulariaceae.

REFERENCES

Beckstrom-Sternberg, Stephen M., and James A. Duke. "The Foodplant Database." http://probe.nalusda.gov:8300/cgi-bin/browse/foodplantdb.(ACEDB version 4.0 - data version July 1994) (As Mimulus geyeri)

Moerman, D. F., 2010, Native American Ethnobotany. Timber Press. p 343 (As Mimulus glabratus var. jamesii)

Romanowski, N., 2007, Edible Water Gardens. Hyland House. p 110 (As Mimulus geyeri)

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/72e3fdc5-fee2-4fdb-871c-c064eec8cb93