PLANT FACT SHEET

Cissus quadrangularis var. pubescens Dewit

GENUS *Cissus* **FAMILY** Vitaceae

EDIBLE PARTS AND USES

Edible parts: Root, Vegetable

The root is used for soup flavouring.

DESCRIPTION

A climbing succulent. The stems are slender and they are hairy. The leaves have 3-5 lobes.

HABITAT

It is a tropical plant.

REFERENCES

East African Herbarium records, 1981, (As Cissus fischeri)

Grubben, G. J. H. and Denton, O. A. (eds), 2004, Plant Resources of Tropical Africa 2. Vegetables. PROTA, Wageningen, Netherlands. p 560

Peters, C. R., O'Brien, E. M., and Drummond, R.B., 1992, Edible Wild plants of Sub-saharan Africa. Kew. p 201 (As Cissus fischeri)

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/73055346-ad97-4c99-81bd-664aa91c1745