PLANT FACT SHEET

Claytonia acutifolia Pall. ex Willd.

GENUS *Claytonia* **FAMILY** Montiaceae

COMMON NAMES Bering Sea spring beauty, Siberian narrow-leafed spring beauty

EDIBLE PARTS AND USES

Edible parts: Flowers, Leaves, Root

The root is eaten fresh or cooked. They are sweet. They are boiled, baked or stir fried.
The leaves are eaten raw or cooked.
The raw flowers are added to salads.

DESCRIPTION

A herb that keeps growing from year to year. It has a large taproot. There are several stems each with a pair of small, narrow opposite leaves. The leaves near the base are fleshy. These are long and narrow. The root is thick and fleshy. The flowers are in clusters at the end of the branches. There are 2-5 flowers in a group and they have 5 petals. These are white or pink.

HABITAT

It is a cold temperate plant. It grows in wet places near small rivers.

NOTES

There are about 15-20 Claytonia species. They are mostly in North America. They have also been put in the family Portulacaceae.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/7305830a-02f9-4141-b025-eb7f350a277f