PLANT FACT SHEET

Nauclea gilletii var. gilletii

GENUS *Nauclea* **FAMILY** Rubiaceae

COMMON NAMES Ndea

EDIBLE PARTS AND USES

Edible parts: Fruit

The fruit is eaten raw.

DESCRIPTION

A small tree. It grows 10-15 m tall. It loses its leaves during the year. The leaves are large and simple. The flowers are white and ball shaped with a sweet scent. The fruit are 4-5 cm across and with pale dull pink skin. The small black seeds are in a circular pattern.

HABITAT

It is a tropical plant. It grows in swamp forest. It grows in the moist tropics. It can tolerate water-logging.

PRODUCTION

Cultivation

Plants can be grown from fresh seeds.

Harvesting and Seed Production

Trees grow quickly. They fruit within 4-5 years.

REFERENCES

Danforth, R.M., & Boren, P.D., 1997, Congo Native fruits. Twenty-five of the best. Privately published. p 8 (As Sarcocephalus xanthoxylon)

Facciola, S., 1998, Cornucopia 2: a Source Book of Edible Plants. Kampong Publications, p 161 (As Sarcocephalus xanthoxylon)

World Checklist of Useful Plant Species 2020. Royal Botanic Gardens, Kew

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/731419a9-71a7-4374-8a55-c0ecf24f39f9