PLANT FACT SHEET

Gaultheria antarctica Hook.f.

GENUS *Gaultheria* **FAMILY** Ericaceae

COMMON NAMES Antarctic mountainberry

EDIBLE PARTS AND USES

Edible parts: Fruit

DESCRIPTION

A shrub. The stems are branched and 20 cm long. The leaves are 3-8 mm long by 1.5-4 mm wide. The fruit is a white to pink berry. It is 6-10 mm across.

HABITAT

It is a temperate plant.

NOTES

It has antioxidants.

REFERENCES

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Velasquez, P. & Montenegro, G., 2017, Chilean Endemic/Native Plant Resources as Functional and Superfoods. Chp. 6 in Superfood and Functional Food - An Overview of Their Processing and Utilization

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/7320c72d-6931-454c-a767-c6a30d3fc9a4