PLANT FACT SHEET

Gynostemma pubescens (Gagnep.) C. Y. Wu

GENUS *Gynostemma* **FAMILY** Cucurbitaceae

EDIBLE PARTS AND USES

Edible parts: Leaves - tea

DESCRIPTION

A pumpkin family herb. It is a climbing plant.

HABITAT

It is a subtropical plant. In Yunnan.

NOTES

Medicine,

REFERENCES

Luo, B., et al, 2019, Wild edible plants collected by Hani from terraced rice paddy agroecosystem in Honghe Prefecture, Yunnan, China. Journal of Ethnobiology and Ethnomedicine 15:56

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/73545d28-5529-4c5e-9fd4-6a80aa5ce6bc