PLANT FACT SHEET

Fargesia melanostachys (Handel-Mazzetti) Keng f.;

GENUS *Fargesia* **FAMILY** Poaceae

COMMON NAMES Black spike arrow bamboo

EDIBLE PARTS AND USES

Edible parts: Shoots

The young shoots are eaten cooked. They are boiled or stir-fried.

DESCRIPTION

A bamboo. It grows 6 m tall. The rhizomes or underground stems are 1-1.5 cm across. The are densely covered with scales. The culms have 25 internodes and are yellowish-green. There are 3-11 branches at each node. There are 2 or 3 leaves on the end branch. The leaf blades are 4-8 cm long by 1 cm wide.

HABITAT

It is a temperate plant. It grows in Yunnan and Tibet in China in broad-leaved miced forests between 2,500-3,400 m altitude.

REFERENCES

Hu, Shiu-ying, 2005, Food Plants of China. The Chinese University Press. p 289

Ju, Y., et al, 2013, Eating from the wild: diversity of wild edible plants used by Tibetans in Shangri-la region, Yunnan, China, Journal of Ethnobiology and Ethno medicine 9:28

Zhang, L., et al, 2016, Ethnobotanical study of traditional edible plants used by the Naxi people during droughts. Journal of Ethnobiology and Ethnomedicine. 12:39

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/73571848-999d-4abe-bdb3-1caeedee6f67