PLANT FACT SHEET

Pulicaria jaubertii E. Gamal-Eldin

GENUS *Pulicaria* **FAMILY** Asteraceae

EDIBLE PARTS AND USES

Edible parts: Leaves - flavouring

DESCRIPTION

A herb. It grows for one year or slightly more. The flowers are yellow.

HABITAT

It is a Mediterranean climate plant.

NOTES

Medicine. It helps reduce obesity.

REFERENCES

Al-Hawshabl, O. S. S., et al, 2017, Floristic composition, life-forms and biological spectrum of Toor Al-Baha District, Lahej Governorate, Yemen. Current Science 3 (4): 72-91

Al-Najeb, G. et al., 2016, Pulicaria jaubertii E. Gamal-Eldin reduces triacylglyceride content and modifies cellular antioxidant pathways in 3T3-L1 adipocytes. Elsevier

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/73eef8db-a669-4256-b452-64ecac93dd82