PLANT FACT SHEET

Deparia lancea (Thunb.) Fraser-Jenk.

GENUS *Deparia* **FAMILY** Athyriaceae

EDIBLE PARTS AND USES

Edible parts: Shoots, Leaves, Fronds

The young shoots are cooked and eaten as a vegetable.

DESCRIPTION

A fern. It has a long creeping rhizome. The stalk is 18 cm long. The blade is simple and narrowly oval. It tapers towards the base and the tip. It is 32 cm long by 3 cm wide.

HABITAT

It grows in the Himalayan region of Arunchal pradesh in India. In Thailand it grows along streams at about 1,175 m above sea level.

NOTES

It has also been put in the family Woodsiaceae.

REFERENCES

Srivastava, R. C., 2010, Traditional knowledge of Nyishi (Daffla) tribe of Arunachal Pradesh. Indian Journal of Traditional Knowledge. 9(1):26-37 (As Athyrium lanceum)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/740f4dbc-4e89-4123-86b8-8b177556a326