PLANT FACT SHEET

Garuleum schinzii O. Hoffm.

GENUS *Garuleum* **FAMILY** Asteraceae

EDIBLE PARTS AND USES

Edible parts: Roots - flavouring, Stems - flavouring

The stems and roots are used for flavouring.

DESCRIPTION

A small shrub. It has a woody stem. It can grow 1 m tall. The stem is 3-5 mm thick. The leaves are alternate and without a stalk. The flowers are blue.

HABITAT

It is a tropical plant. It grows on limestone or calcareous soils.

REFERENCES

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Welcome, A. K. & Van Wyk, B.-E., 2019, An inventory and analysis of the food plants of southern Africa. South African Journal of Botany 122 (2019) 136–179

World Checklist of Useful Plant Species 2020. Royal Botanic Gardens, Kew

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/742673db-8b5a-4d5d-b2e1-000f1bf29d36