PLANT FACT SHEET

Allanblackia parviflora A. Chev.

GENUS *Allanblackia* **FAMILY** Clusiaceae

COMMON NAMES Vegetable tallow tree, Ouotera

EDIBLE PARTS AND USES

Edible parts: Seeds, Seeds - oil

DESCRIPTION

An evergreen tree. It grows 30 m high. The trunk can be 80 cm across. The leaves are simple. The flowers are pale red or a yellowish-white. The fruit is a pod with large seeds. They are irregular in shape with flattened surfaces. They are red-brown and 2-4 cm long by 2 cm wide.

Some now put this as Garcinia alepensis.

HABITAT

It is a tropical plant. It grows in the wetter areas of the rainforests. It suits humid locations.

PRODUCTION

Harvesting and Seed Production

The kernel is 62% of the nut. The nuts store well and can be transported.

NOTES

Guttiferae/Clusiaceae are mostly confined to the tropics and subtropics.

REFERENCES

A Chev. Veg. Ut. Afr. Trop. Franc.Les Végétaux utiles de l'Afrique tropicale français 5:163. 1909

INFOODSUpdatedFGU-list.xls

PROTABASE

Wiersema, J. H. & Leon, B., 2013, World Economic Plants. A Standard Reference CRC Press. 2nd Ed. p 32

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/74631c01-5f11-4e07-a170-289fa6eb3fd5