PLANT FACT SHEET

Poisonous

This plant, or parts of it, can be poisonous. Do not eat it unless you know which parts are safe and how they must be prepared.

Galeopsis speciosa Mill.

GENUS *Galeopsis* **FAMILY** Lamiaceae

COMMON NAMES Large-flowerd hemp-nettle

EDIBLE PARTS AND USES

Edible parts: flower - nectar

DESCRIPTION

A herb.

HABITAT

It is a temperate plant.

REFERENCES

Girard, N. J., 2020, Sustainable Foraging of Wild Edible Plants in Norway. A Biocultural Approach. M. Sc. thesis Norwegian University. p 132

Svanberg, I., 2012, The use of wild plants as food in pre-industrial Sweden. Acta Societatis Botanicorum Poloniae 81(4): 317-327

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/74699d16-a532-4a62-8c19-40417f2aa851