PLANT FACT SHEET

Corylus ferox Wall.

GENUS *Corylus* **FAMILY** Betulaceae

COMMON NAMES Himalayan hazel

EDIBLE PARTS AND USES

Edible parts: Nuts, Seeds, Fruit

The kernel of the fruit, or nuts are roasted and eaten.
The fruit are eaten raw.

DESCRIPTION

A tree. It grows to about 10-20 m high. The bark is dark grey and cracked. The young shoots have silky hairs. The leaves are 4.5-16 cm long by 2.5-7.5 cm wide. They are oval and taper to the tip. They have fine teeth around the edges. They are hairy especially underneath. The flowers are yellow. The fruit is a nut. They are oval. They occur in dense clusters. They are tightly packed together. They are slightly flattened.

HABITAT

It is a temperate plant. It grows in forests on mountain slopes between 1500–3800 m altitude in China. In Nepal they grow between 2600-3200 m altitude.

PRODUCTION

Cultivation

Plants are grown from seed.

Harvesting and Seed Production

In Sikkim fruit are available July to November.

NOTES

There are about 15 Corylus species.

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Wild edible plants of Himachal Pradesh

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