PLANT FACT SHEET

Aponogeton crispus Thunberg

GENUS *Aponogeton* **FAMILY** Aponogetonaceae

COMMON NAMES Ruffled sword plant

EDIBLE PARTS AND USES

Edible parts: Tuber, Root, Rhizome

The tuber is cooked and eaten.

DESCRIPTION

A herb which grow in water. It forms a tuber under the ground. These are 7-13 mm thick. The leaves are under the water. They are light green or reddish. They are narrow and have crinkled edges. They are 30 cm long by 4 cm wide. The flowers are white or cream with red anthers. They are in a single spike and 10-15 cm long and 5-8 cm above the water.

HABITAT

A tropical plant. It grows in still and running water.

PRODUCTION

Cultivation

Plants can be grown from seed or by carefully dividing the rhizome.

NOTES

There are about 12-44 Aponogeton species. They are tropical and subtropical.

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Wild edible plants of Himachal Pradesh

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