PLANT FACT SHEET

Pseuderanthemum whartonianum Hemsl.

GENUS *Pseuderanthemum* **FAMILY** Acanthaceae

COMMON NAMES Ofenga

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are eaten cooked. Sometimes the water is changed to remove bitter tastes. The cultivated pale leafed types are less sour.

DESCRIPTION

A small shrub. It grows up to 1.5-6 m high. The leaves are oval and have prominent veins.

HABITAT

A tropical plant. Grows in coastal and inland areas. It grows on atolls.

PRODUCTION

Cultivation

It is grown from stem cuttings. It can be grown as a hedge.

NOTES

There are about 60 Pseuderanthemum species. They grow in the tropics. A species called Pseuderanthemum palatiferum in Vietnam has been found to assist the growth rate in piglets.
Not in The Plant List. In Singapore a plant Pseuderanthemum eldorado looks very similar.

PICTURES



Credit: Food Plants International (Bruce French)



Credit: Food Plants International (Bruce French)



Credit: Food Plants International (Bruce French)



Credit: Food Plants International (Bruce French)

REFERENCES

French, B.R., 2010, Food Plants of Solomon Islands. A Compendium. Food Plants International Inc. p 95

Henderson, C.P. and I.R.Hancock, 1988, A Guide to the Useful Plants of the Solomon Islands. Res. Dept. Min of Ag. & Lands. Honiara, Solomon Islands. p 114

Lyons, G., et al, 2020, Macro- and Micronutrients from Traditional Food Plants Could Improve Nutrition and Reduce Non-Communicable Diseases of Islanders on Atolls in the South Pacific. Plants 2020, 9, 942

Walter, A. & Lebot, V., 2007, Gardens of Oceania. ACIAR Monograph No. 122. p 175

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/7495045f-cabf-447e-8db8-5370aa12b32d