PLANT FACT SHEET

Ratibida columnifera (Nutt.) Wooton & Standl.

GENUS *Ratibida* **FAMILY** Asteraceae

COMMON NAMES Prairie coneflower, Mexican hat

EDIBLE PARTS AND USES

Edible parts: Leaves - tea, Flowers - tea

The leaves and flower heads are brewed into tea.

DESCRIPTION

A daisy family plant that keeps growing from year to year. It grows 60 cm high and spreads 45 cm wide. The leaves are alternate and deeply divided into narrow segments. They are 5-10 cm long. The flowers are yellow disks. The flowers heads occur as several together in cone like disks. They are 1-5 cm high. The fruit is a grey-black flattened achene.

HABITAT

It is a temperate plant. It grows in the prairie region of the USA. It suits hardiness zones 4-9.

NOTES

There are 5 Ratibida species.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/749b64a6-69a4-49f0-8182-2d6e17b37a5e