PLANT FACT SHEET

Anacampseros quinaria E. Mey. ex Fenzl

GENUS *Anacampseros* **FAMILY** Anacampserotaceae

EDIBLE PARTS AND USES

Edible parts: Roots - yeast

DESCRIPTION

A succulent herb. It grows 3 cm tall. It has a turnip shaped, fleshy and slightly woody base. The leaves are hidden by scaled. The flowers occur singly at the tips of the branches.

HABITAT

It is a subtropical plant. It grows on rocky outcrops.

NOTES

Also put in the family Portulacaceae.

REFERENCES

Ruiters-Welcome, A. K., 2019, Food plants of southern Africa. Ph.D. thesis. Univ. of Johannesburg p 13

van Wyk, Be., & Gericke, N., 2007, People's plants. A Guide to Useful Plants of Southern Africa. Briza. p 100 (As Avonia quinaria)

Welcome, A. K. & Van Wyk, B.-E., 2019, An inventory and analysis of the food plants of southern Africa. South African Journal of Botany 122 (2019) 136–179

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/74bae528-69b0-4318-8464-9c982dec9bf8