PLANT FACT SHEET

Dioscorea cinnamomifolia Hooker

GENUS *Dioscorea* **FAMILY** Dioscoreaceae

COMMON NAMES Cara acu

EDIBLE PARTS AND USES

Edible parts: Tubers, Root

The tuber is eaten after repeated boiling, washing and baking.

DESCRIPTION

A yam. It is a climbing plant that keeps growing from year to year. It produces annual stems from a large rootstock. The stems are scrambling or twining.

HABITAT

A tropical plant. In Argentina it grows below 300 m above sea level.

NOTES

There are about 650 species of Dioscorea.

REFERENCES

Chu, E. P., Figueiredo-Ribeiro, R. C. L., 1991, Native and Exotic Species of Dioscorea Used as Food In Brazil. Economic Botany, Vol. 45, No. 4, pp. 467-479 (Also as Dioscorea tuberosa)

GUPTA, (As Dioscorea tuberosa)

Hedrick, U.P., 1919, (Ed.), Sturtevant's edible plants of the world. p 547 (As Rajania brasiliensis)

Kermath, B. M., et al, 2014, Food Plants in the Americas: A survey of the domesticated, cultivated and wild plants used for Human food in North, Central and South America and the Caribbean. On line draft. p 307

Lim, T. K., 2015, Edible Medicinal and Non Medicinal Plants. Volume 9, Modified Stems, Roots, Bulbs. Springer p 38

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/75159d14-eaa6-418b-b584-2142d8cd080c