PLANT FACT SHEET

Ammannia multiflora Roxb.

GENUS *Ammannia* **FAMILY** Lythraceae

COMMON NAMES Jerry-jerry

EDIBLE PARTS AND USES

Edible parts: Seeds

The seeds are crushed to make flour.

DESCRIPTION

A herb. It is erect and grows each year from seed. It grows 10-60 cm high. The leaves are narrowly sword shaped. They are 3-40 mm long by 1-6 mm wide. The flowers are in groups of 3 or more. The flowers are red, pink and white.

HABITAT

It is a tropical plant. It grows in warmer places. It grows in sandy and alluvial soil. It is often along watercourses and near lakes. In Pakistan it grows up to 1,800 m altitude.

NOTES

There are 30 Ammania species. They grow in the tropics and subtropics.

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