PLANT FACT SHEET

Laminaria pallida Greville

GENUS *Laminaria* **FAMILY** Laminariaceae

EDIBLE PARTS AND USES

Edible parts: Algae, Seaweed

DESCRIPTION

A seaweed.

HABITAT

It is a subtropical plant.

REFERENCES

http://www.seavegetables.com (As Laminaria schinzii)

Teas, J. et al, 2004, Variability of Iodine Content in Common Commercially Available Edible Seaweeds. Thyroid. Vol. 14, No. 10

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/75867c55-63d9-406f-b603-8ed7feb36fdd