PLANT FACT SHEET

Euphorbia officinarum subsp. echinus (Hook.f. & Coss.) Vindt.

GENUS *Euphorbia* **FAMILY** Euphorbiaceae

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are chopped and cooked as a vegetable salad.

DESCRIPTION

A shrub.

HABITAT

It is a Mediterranean climate plant. It grows in the Sahara and arid places.

REFERENCES

Nassif, F., & Tanji, A., 2013, Gathered food plants in Morocco: The long forgotten species in Ethnobotanical Research. Life Science Leaflets 3:17-54

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/75d4c167-d625-41ea-91f8-51768ce71dfc