PLANT FACT SHEET

Ramalina fastigiata (Pers.) Ach.

GENUS *Ramalina* **FAMILY** Ramalinaceae

EDIBLE PARTS AND USES

Edible parts: Plant, Lichen - flavouring

The whole plant is cooked in stir fried dishes and eaten.

DESCRIPTION

A lichen.

HABITAT

It is a tropical plant.

REFERENCES

Cheng, Z., et al, 2022, Ethnobotanical study on wild edible plants used by Dulong people in northwestern Yunnan, China. Journal of Ethnobiology and Ethnomedicine (2022) 18:3

Ju, Y., et al, 2013, Eating from the wild: diversity of wild edible plants used by Tibetans in Shangri-la region, Yunnan, China, Journal of Ethnobiology and Ethno medicine 9:28

Liu, B et al, 2014, Aromatic lichen resources in Ghuizhou Province, China. Med. Aromat Plants 3:146

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/75d4e6e4-df53-4082-8a3a-4154d1f24923