PLANT FACT SHEET

Noccaea perfoliata (L.) Al-Shehbaz

GENUS *Noccaea* **FAMILY** Brassicaceae

COMMON NAMES Pennycress, Perfoliate penny-cress

EDIBLE PARTS AND USES

Edible parts: Leaves, Seeds - spice

The leaves are eaten as a salad. They are often boiled then fried.
The seeds are used as a condiment.

DESCRIPTION

A cabbage family annual herb. It grows 5-20 cm tall. The leaves at the base for a loose ring. They are 1.5-3 cm long by 1-1.5 cm wide. The flowering shoots have 15-30 flowers. The flowers are 2.5 mm across.

HABITAT

It is a temperate plant. It grows on slopes, roadsides, waste grounds, forest margins between 400–2400 m altitude in China.

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