PLANT FACT SHEET

Hypericum peplidifolium A. Rich.

GENUS *Hypericum* **FAMILY** Hypericaceae

EDIBLE PARTS AND USES

Edible parts: Fruit, Leaves

DESCRIPTION

A herb that keeps growing from year to year. The stems often lie along the ground. It forms tufts. The stems arise from corms or roots that lie parallel to the ground. It grows 10-60 cm high. The leaf blade is 3-26 mm long by 2-17 mm wide. They vary in shape. The flowers are at the end of the stems. The petals are bright yellow or red. The fruit is fleshy and round.

HABITAT

A tropical plant. It grows in mountain grassland. It is often in wet situations. It grows from 1,100 m to 3,600 m in East Africa. In Zimbabwe it grows between 1,100-2,000 m above sea level.

NOTES

There are about 400 Hypericum species. Also put in the family Clusiaceae.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/75eeb15f-8946-426b-a2bf-49621e5ae341