PLANT FACT SHEET

Cynara syriaca Boiss.

GENUS *Cynara* **FAMILY** Asteraceae

COMMON NAMES Syrian artichoke

EDIBLE PARTS AND USES

Edible parts: Leaves

The ring of leaves at the base are cooked and eaten.

DESCRIPTION

A herb. It grows 50-250 cm tall. The leaves are alternate or in rings. They have teeth and are spiny. The flowers are violet and have spiny bracts.

HABITAT

It is a Mediterranean climate plant.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/76375b56-28d2-4493-a226-7375f8708343