PLANT FACT SHEET

Sechium pittieri (Cogn.) C. Jeffrey

GENUS *Sechium* **FAMILY** Cucurbitaceae

COMMON NAMES Mirera

EDIBLE PARTS AND USES

Edible parts: Leaves, Shoots

DESCRIPTION

A pumpkin family vine.

HABITAT

It is a tropical plant.

REFERENCES

Castaneda, H., & Stepp, J. R., 2007, Ecosystems as Sources of Useful Plants for the Guaymi People of Costa Rica. Ethnobotany Journal. 5:249-257

Langlois, H. C., 2004, Ethnobotanical analysis of different successional stages as sources of wild edible plants for the Guaymi people in Costa Rica. M. Sc. thesis University of Florida.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/766b2ba8-e730-4fad-bf56-b55c35113ddf