PLANT FACT SHEET

Fritillaria pontica Wahlenb.

GENUS *Fritillaria* **FAMILY** Liliaceae

COMMON NAMES Lime chocolate fritillary, Pontic fritillary

EDIBLE PARTS AND USES

Edible parts: Fruit

DESCRIPTION

A herb. It grows 20-38 cm tall. It has a ring of 3 sword shaped leaves over the grey-green flowers. They are bell shaped and up to 4.5 cm long.

HABITAT

It is a temperate plant.

REFERENCES

Orhan, I., et al, 2009, Free radical scavenging properties and phenolic characterization. Food Chemistry 114: 276-281

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/7670a560-28e6-486a-85b4-e128c639c009