PLANT FACT SHEET

Phymatosorus commutatus (Blume) Pic. Serm.

GENUS *Phymatosorus* **FAMILY** Polypodiaceae

COMMON NAMES Fern

EDIBLE PARTS AND USES

Edible parts: Fronds, Leaves

DESCRIPTION

An erect fern. It grows 1 m tall. The root is creeping. The frond is deeply dissected with ladder-like long tapering lobes. The spore bodies or sori are small and scattered.

HABITAT

A tropical plant. It grows in the lowlands and mountains.

NOTES

There are about 75-225 (1100) Polypodium species.

REFERENCES

Flora of Solomon Islands

Powell, J.M., Ethnobotany. In Paijmans, K., 1976, New Guinea Vegetation. Australian National University Press. p 111 (As Polypodium commutatum)

World Checklist of Useful Plant Species 2020. Royal Botanic Gardens, Kew

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/76838ca7-295a-465d-a727-e1c3a23d1d2e