PLANT FACT SHEET

Adenophora coelestis Diels

GENUS *Adenophora* **FAMILY** Campanulaceae

EDIBLE PARTS AND USES

Edible parts: Root

DESCRIPTION

A herb. It keeps growing from year to year. There can be one or two stems from a rootstock. They grow 50-80 cm tall. There are many leaves in the lower half. The leaves are 2-10 cm long by 1-3 cm wide. The leaves have irregular teeth. The flowers are in a group. They are blue or purple.

HABITAT

It is a temperate plant. It grows on the edges of forests between 1,200-4,000 m in China. It grows in Sichuan and Yunnan.

REFERENCES

Wang, J. et al, 2013, A Study on the Utilization of Wild Plants for Food in Liangshan Yi Autonomous Prefecture. Plant Diversity and Resources. 35(4): 416-471

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/76945cc5-b70b-4ae6-a09e-0e70c8a6c129