PLANT FACT SHEET

Cirsium japonicum var. maackii (Maxim.) Matsum.

GENUS *Cirsium* **FAMILY** Asteraceae

EDIBLE PARTS AND USES

Edible parts: Leaves, Root

The young leaves are used in soup.
The roots is preserved in soy sauce and also used in brewing.

DESCRIPTION

A herb. It is a thistle.

HABITAT

It is a temperate plant.

REFERENCES

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/770340e0-7bd7-4745-ba04-66581a67ca97