PLANT FACT SHEET

Clinopodium brownei (Sw.) Kuntze

GENUS *Clinopodium* **FAMILY** Lamiaceae

COMMON NAMES St John's mint

EDIBLE PARTS AND USES

Edible parts: Leaves - tea, Leaves - flavouring

The leaves are used for flavouring and for tea.

DESCRIPTION

A herb.

HABITAT

It is a temperate plant. In Argentina it grows below 500 m above sea level.

REFERENCES

Facciola, S., 1998, Cornucopia 2: a Source Book of Edible Plants. Kampong Publications, p 130 (As Micromeria brownei)

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/770d5bbc-8fc2-4492-83e0-fab74fa612ca